

BREAKFAST & LUNCH



2017-2018
School Year

FEBRUARY MENU

Elementary &
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SALAD BAR AVAILABLE DAILY AT THE JR./SR. HIGH SCHOOL</p>			<p>1 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Salisbury Steak, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>	<p>2 BREAKFAST: Scrambled Eggs & Sausage Links/Toast/Cereal, Fruit, Juice, Milk LUNCH: Breaded Chicken Strips & Dipping Sauce, Baked Beans, Cucumber & Baby Carrots FF, Cookie, Fruit, Milk</p>
<p>5 BREAKFAST: Bacon Scramble Breakfast Pizza/Toast/Cereal, Fruit, Juice, Milk LUNCH: Breaded Chicken Patty Sandwich, Potato Wedges, Broccoli, Fruit, Milk</p>	<p>6 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Lasagna, Lettuce Salad, Glazed Carrots, Garlic Twist Breadstick, Fruit, Milk</p>	<p>7 1:30 EARLY OUT BREAKFAST: Yogurt Parfaits/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Canadian Bacon Pizza, Garlic Butter Veggies, Cucumber & Cauliflower FF, Fruit, Milk</p>	<p>8 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Beef Tacos, Corn*, Refried Beans*, Baked Beans (E), Baby Carrots, Fruit, Milk</p>	<p>9 BREAKFAST: Pancakes/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Popcorn Chicken, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>
<p>12 CLOSED No School</p>	<p>13 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Pulled Pork Sandwich, Mac-n-Cheese, Green Beans, Coleslaw*, Cauliflower FF, Fruit, Milk</p>	<p>14 BREAKFAST: Iced Long John/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Choice of Chili or Chicken Noodle Soup, Glazed Carrots, Asparagus, Cinnamon Roll, Fruit, Milk</p>	<p>15 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Choice of Hot Dog or Chili Dog, Potato Wedges*, Baked Beans, Cucumber FF(E), Fruit, Milk</p>	<p>16 BREAKFAST: Oatmeal with Toppings/Toast/Cereal, Fruit, Juice, Milk LUNCH: Toasted Cheese Sandwich, Tomato Soup, Cottage Cheese, Broccoli, Fruit, Milk</p>
<p>19 BREAKFAST: Yogurt Parfaits/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Crispy Chicken Wrap w/Toppings, Glazed Carrots, Cucumber FF*, Fruit, Milk</p>	<p>20 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Spaghetti w/Meat Sauce, Garlic Twist Breadstick, Lettuce Salad, Baby Carrots, Fruit, Milk</p>	<p>21 BREAKFAST: Scrambled Eggs & Ham/Toast/Cereal, Fruit, Juice, Milk LUNCH: Corn Dog, Crinkle Cut Fries*, Baked Beans, Cookie(E), Fruit, Milk</p>	<p>22 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Beef Nachos w/Toppings, Corn*, Green Beans, Fruit, Milk</p>	<p>23 BREAKFAST: French Toast Sticks/Toast/Cereal, Fruit, Juice, Milk LUNCH: Baked Potato Bar, Broccoli, Homemade Muffin, Fruit, Milk</p>
<p>26 BREAKFAST: Sausage*, Egg & Cheese Croissant/Toast/Cereal, Fruit, Juice, Milk LUNCH: Choice of Hamburger or Cheeseburger, Crinkle Cut Fries, Baked Beans, Fruit, Milk</p>	<p>27 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Orange Chicken over Rice, Broccoli, Cauliflower FF, Dinner Roll, Fruit, Milk</p>	<p>28 BREAKFAST: Chocolate or Powdered Sugar Mini Donuts/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Breaded Pork Steak, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>	<p>March 1 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Chicken & Noodles, Glazed Carrots, Asparagus, Dinner Roll, Fruit, Milk</p>	<p>2 BREAKFAST: Colby Cheese Omelet/Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheese Pizza, Lettuce Salad*, Garlic Butter Veggies, Baby Carrots, Fruit, Milk</p>

All bread/buns are whole grain-rich
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

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* = Jr./Sr. High only, E = Elementary only
FF = Finger Foods